



## Prayer for Interior Freedom

Blessed Carlo Acutis, angel of youth,

Grant us the desire to be holy –  
help us to live our lives without wasting a minute  
on those things which do not please God.

Let our minds be free of the programming  
that causes many of us to die as photocopies,  
rather than to live as an original as we are born.

Show us the way of using technology wisely,  
with empathy and understanding,  
contributing to the service of humanity.

Inspire me to win the battle within myself,  
to become holy, always to be united to Jesus –  
the Eucharist is our highway to heaven.

When my soul falls to the ground,  
may I rise again like a hot-air balloon –  
lifted unto the Lord.

For Jerusalem is right on my doorstep,  
and happiness is looking towards God –  
not me, but God.

Amen .

Blessed Carlo Acutis

1991 – 2006